

I'M A PART OF LIVING HISTORY 2020



REMEMBERING COVID-19 (CORONAVIRUS)

I'M A PART OF
LIVING HISTORY
2020

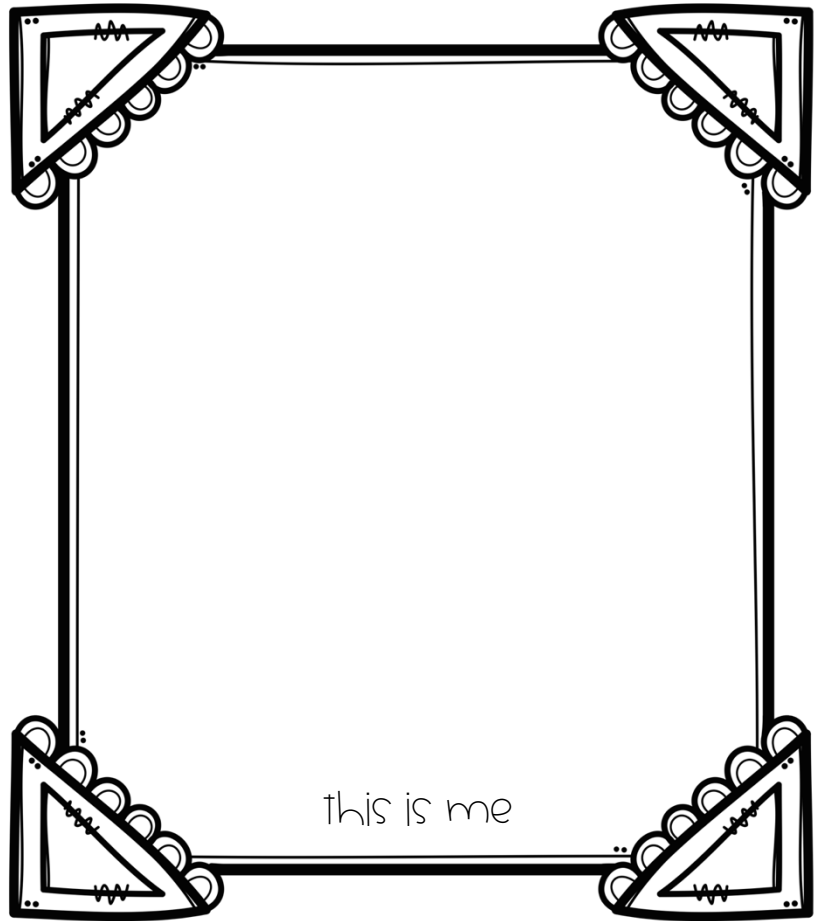
REMEMBERING COVID-19
(CORONAVIRUS)

all about me

my name is:

my birthday is:

i am _____ years old



my family members are:

my favourite thing:

my friends are:

Today's Date: _____

JUST THE FACTS COVID-19

What is COVID-19 (CORONAVIRUS)?

HOW IS THIS MONTH
DIFFERENT THAN LAST
MONTH?



SOME WAYS THINGS HAVE
CHANGED FOR ME:



Today's Date: _____

JUST THE FACTS COVID-19

WHAT ARE THE SYMPTOMS?

HOW IS THE VIRUS
SPREAD?



WHAT SHOULD YOU DO IF YOU
GET SICK?

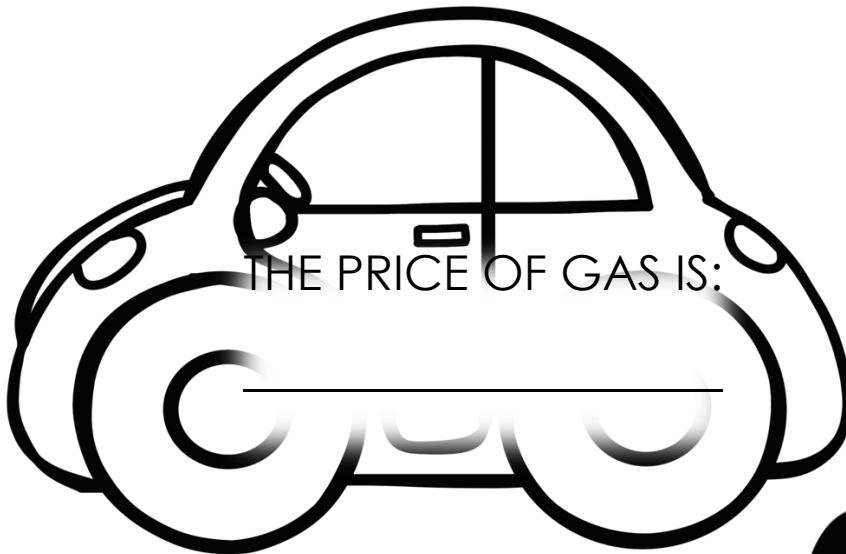
WHO IS AT A HIGHER RISK
FOR COMPLICATIONS?

Today's Date: _____

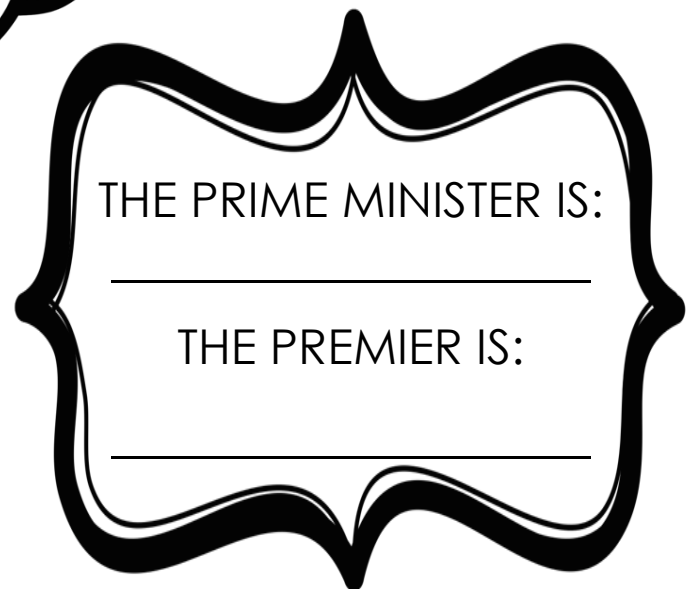
JUST THE FACTS COVID-19

INTERESTING FACTS ABOUT COVID-19

I WISH ...



LIST OF POSITIVES



Today's Date: _____

Preventing the Spread of COVID-19

What are 3 things you can do to help prevent the spread COVID-19?
Write out what you can do, and then draw a picture.







MY DAILY SCHEDULE

Just because you're not going to school, doesn't mean you can't plan your day to be productive and entertaining. Create a daily schedule for yourself.

Time:

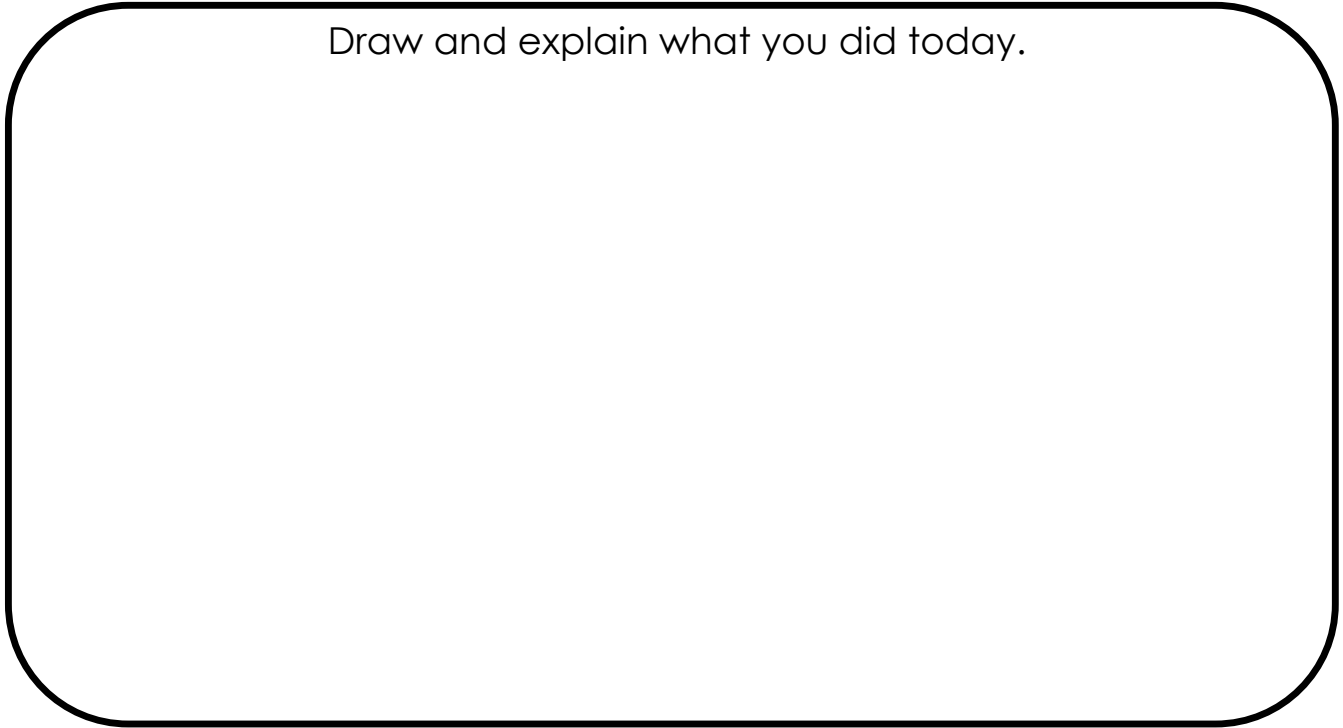
Activity:

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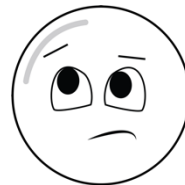
Today's Date: _____

MY 2020 JOURNAL

Draw and explain what you did today.



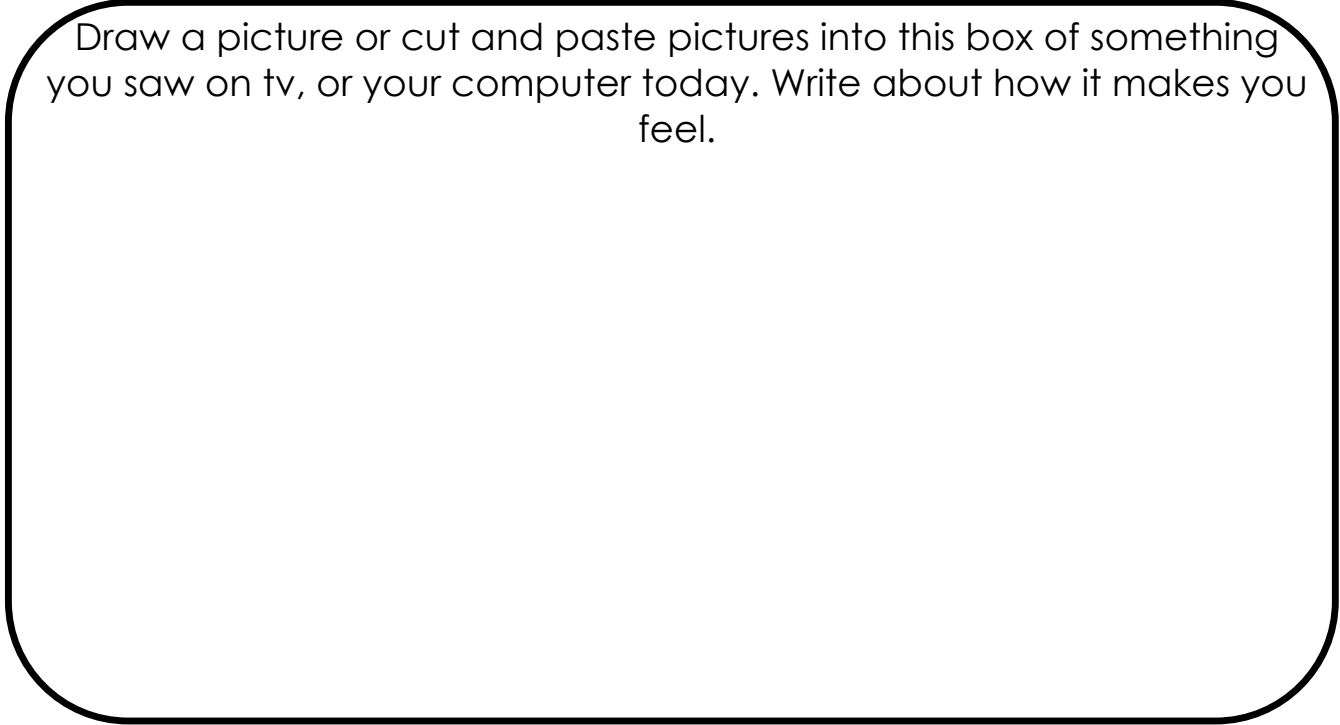
Rate your day by
colouring one of the
faces.



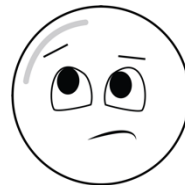
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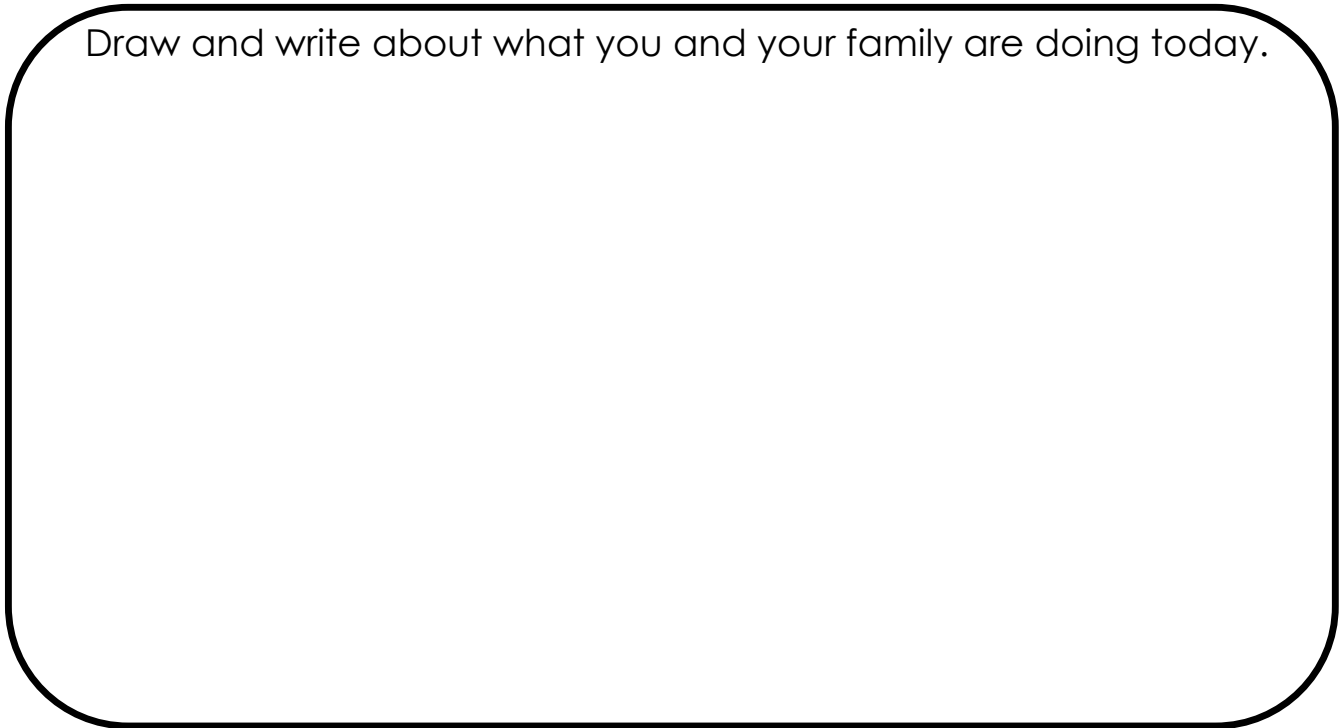
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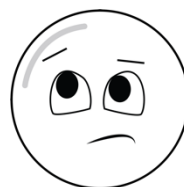
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MY 2020 JOURNAL

Draw and write about what you and your family are doing today.



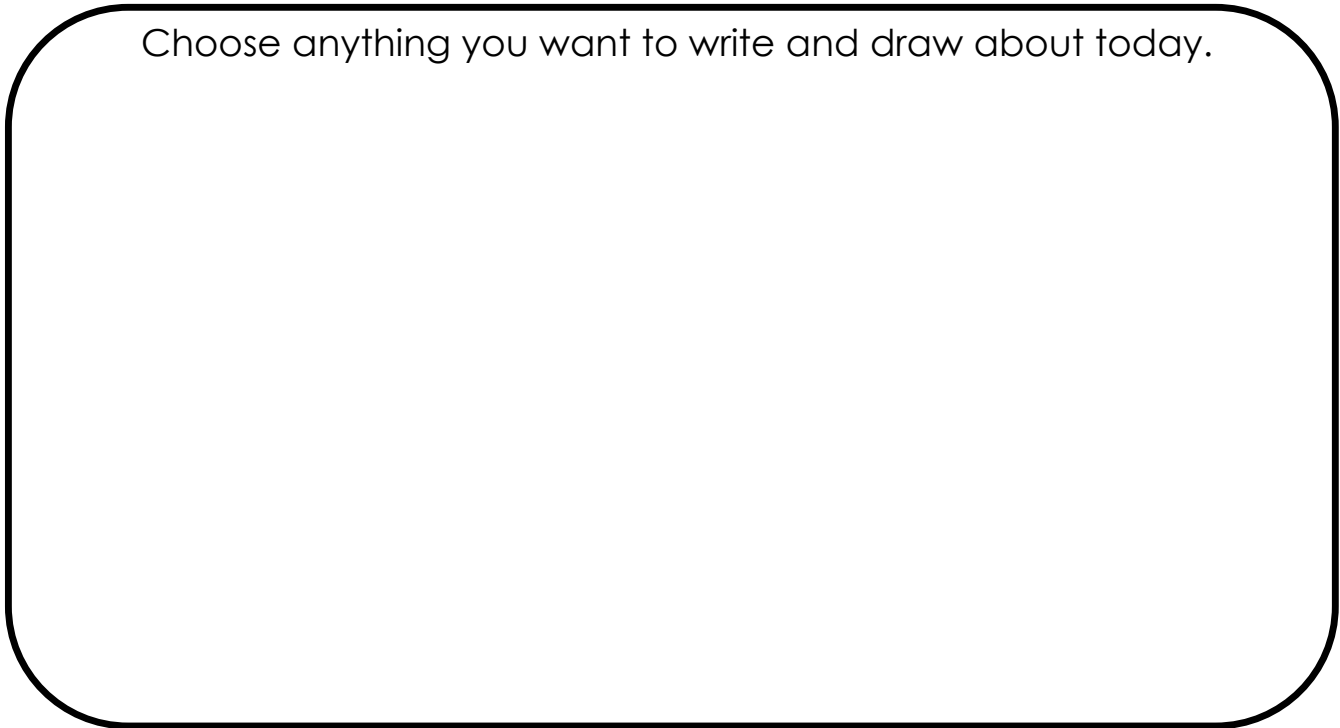
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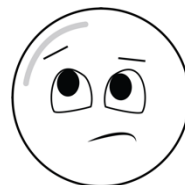
Today's Date: _____

MY 2020 JOURNAL

Choose anything you want to write and draw about today.

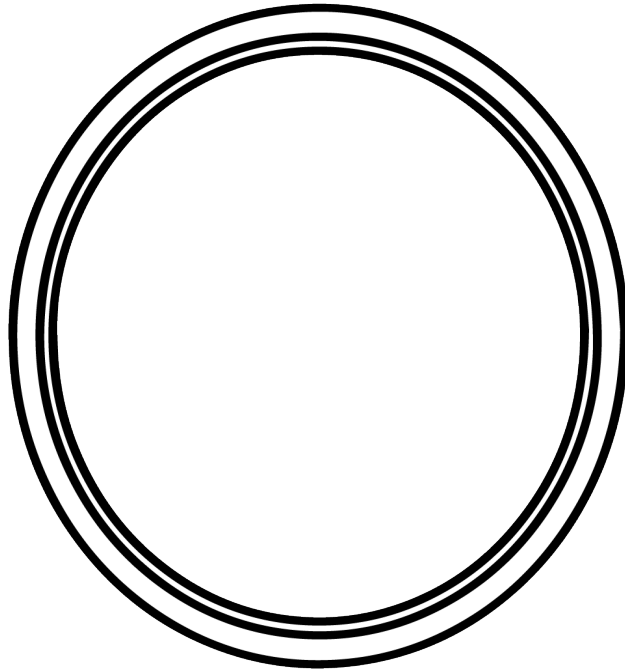


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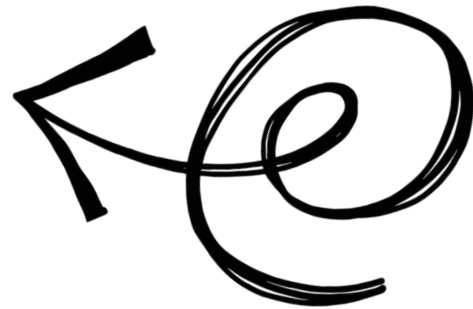


Today's Date: _____

Email A Friend Or Family Member (Or Send Them A Letter)



Who are you writing to? Draw a picture of them.

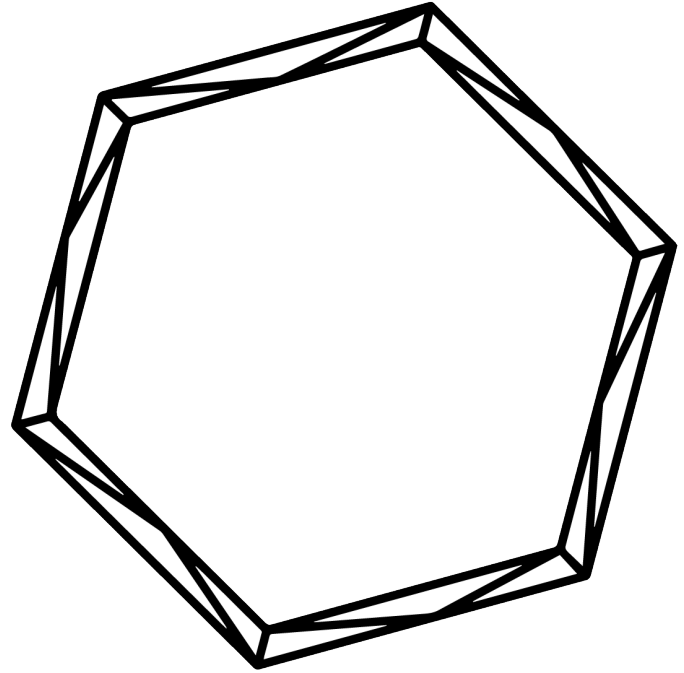
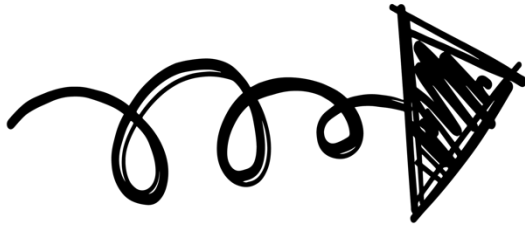


Think of a friend or family member who could use a little pick-me up today. Make a rough draft of what you will write. Be sure to include a question.

What did they have to say? Record their response, or include their response in your journal. If they didn't respond, how are you going to reach out to them?

Today's Date: _____

Video Chat With A Friend Or Family Member



Who are you calling? Draw a picture of them.

Explain the technology you used to video chat.

Write what you talked about, saw and how you feel about the conversation.

IN THE NEWS

Find news articles online or in a newspaper. Cut and paste the headlines (and article if you want) on this paper. If you don't have a printer, just write the headlines in creative ways from the articles.

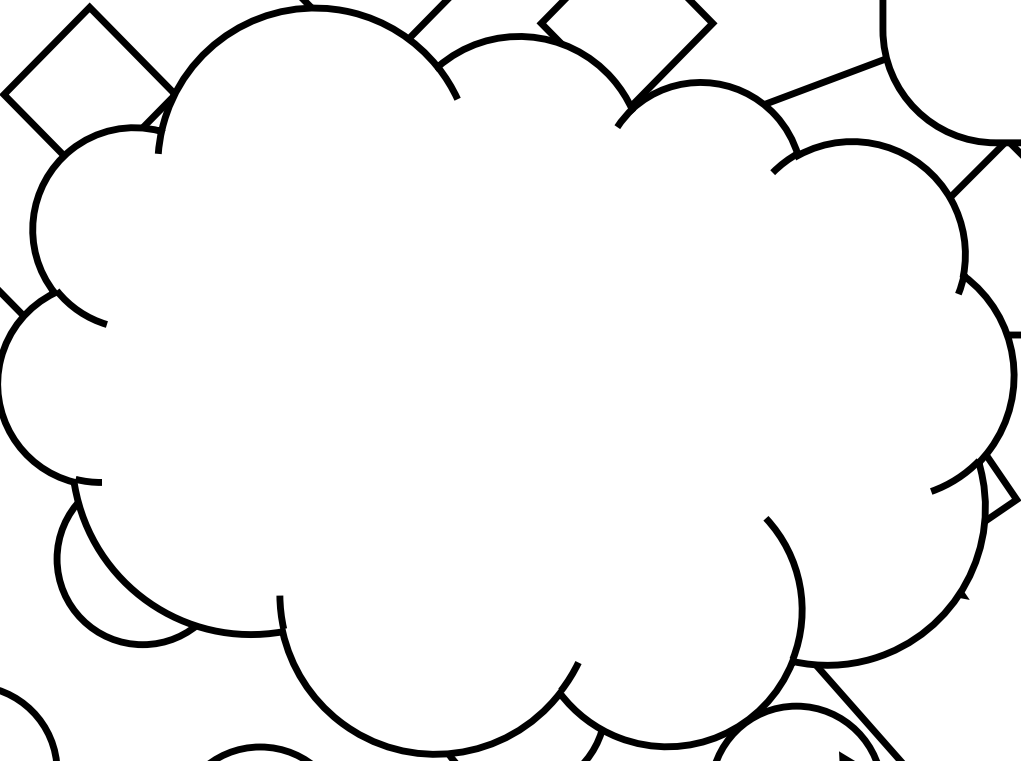
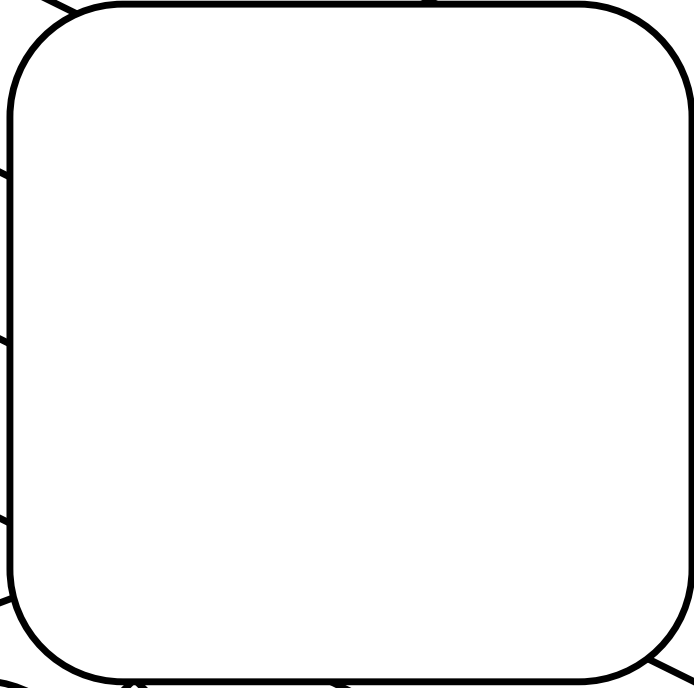
IN THE NEWS

IN THE NEWS

Words To Remember

Quarantine	Social Distancing
Pandemic	Flattening the Curve
Essential Services	Contagious
Hygiene	Community Transmission

When I'm Bored

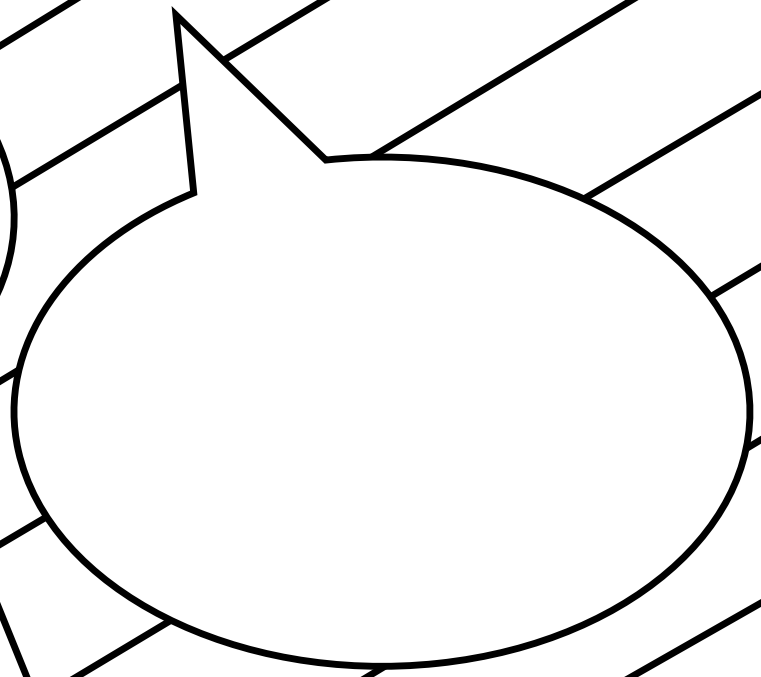
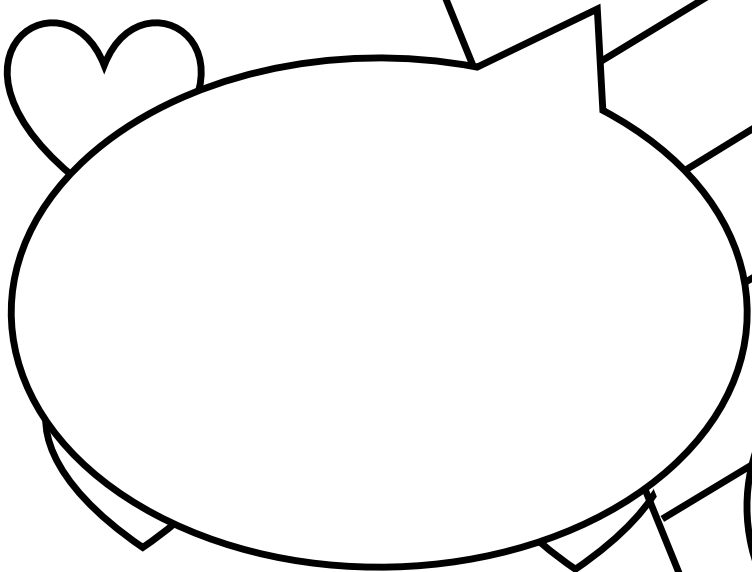
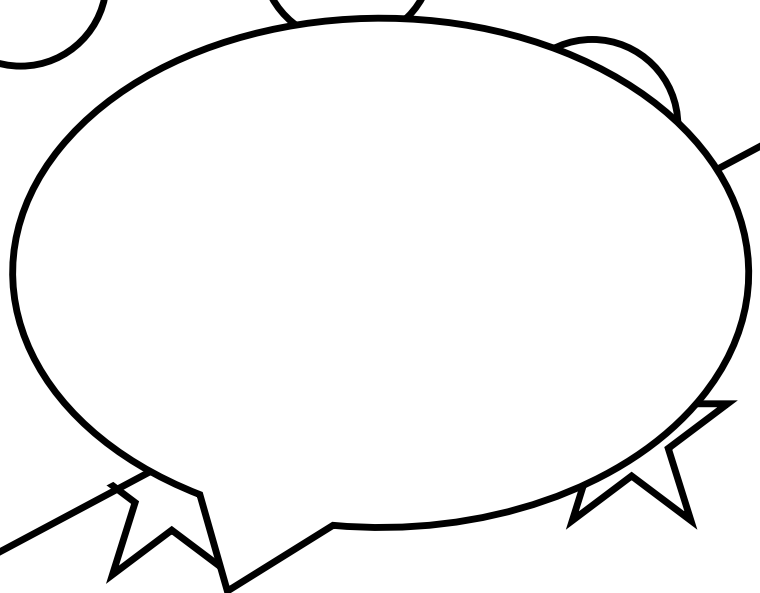


I Can...

In each box, draw an activity that you can do when you need something to do.

In each box, write different adjectives to describe how this pandemic makes you feel.

This Pandemic Makes Me Feel ...

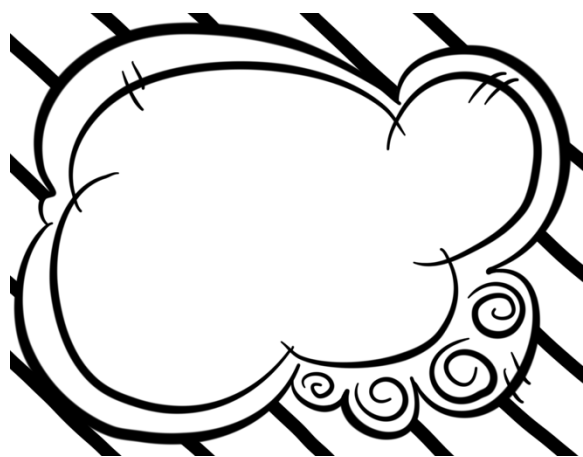


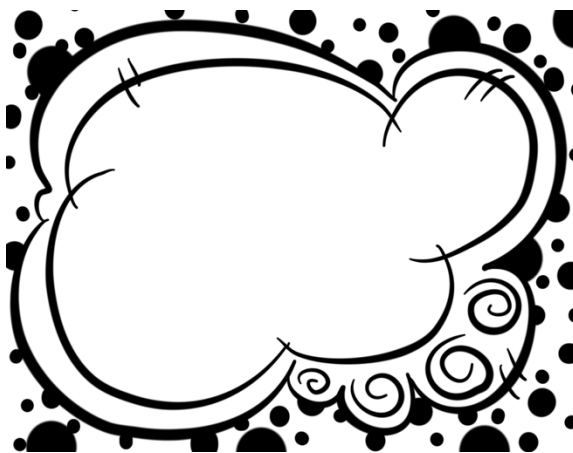
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My Life Is Just A Little

Different

Life might be different for you and your family right now. Write in the different areas about how your life has changed, the world has changed, or your parents schedule has changed. Colour the pictures.





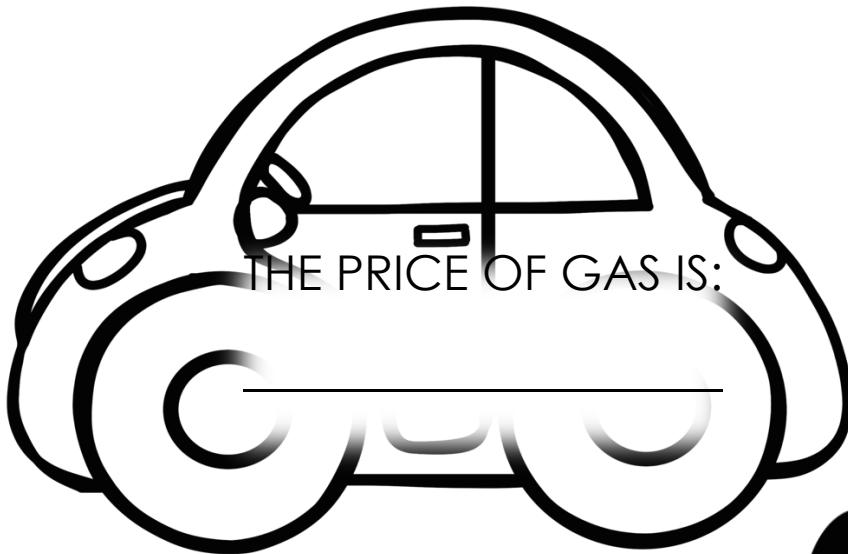


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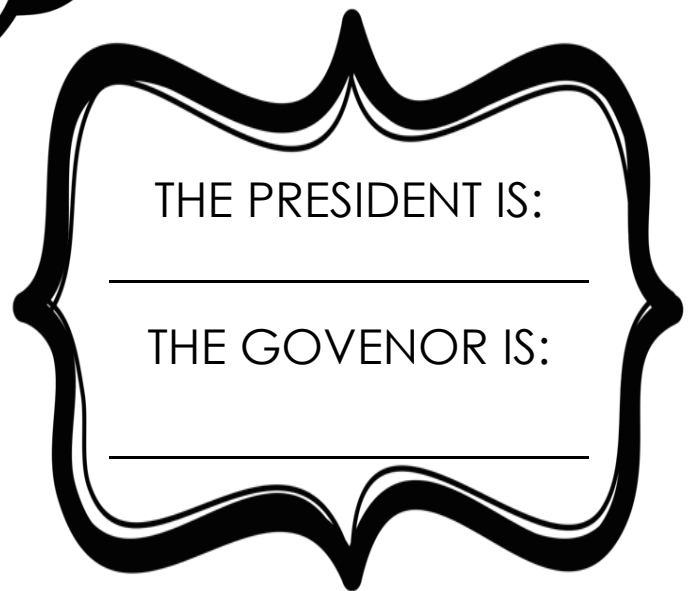
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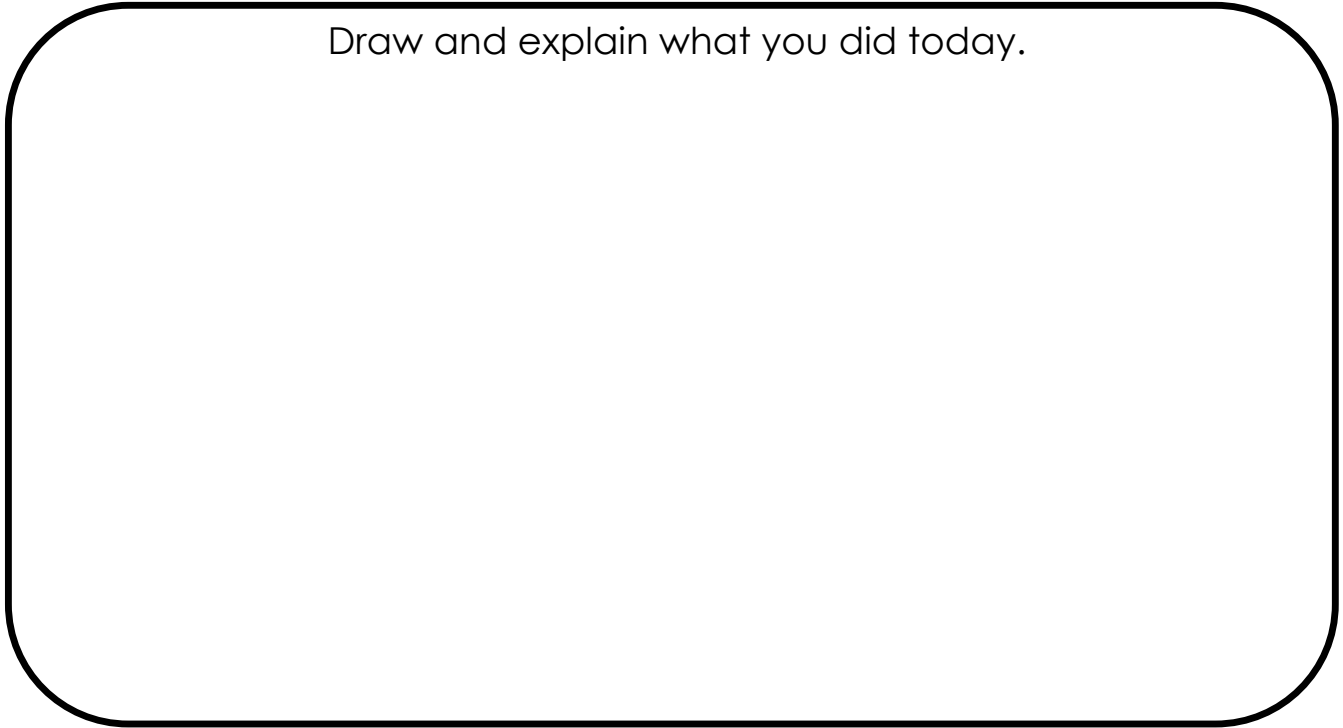
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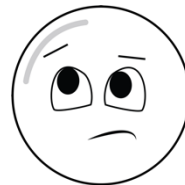
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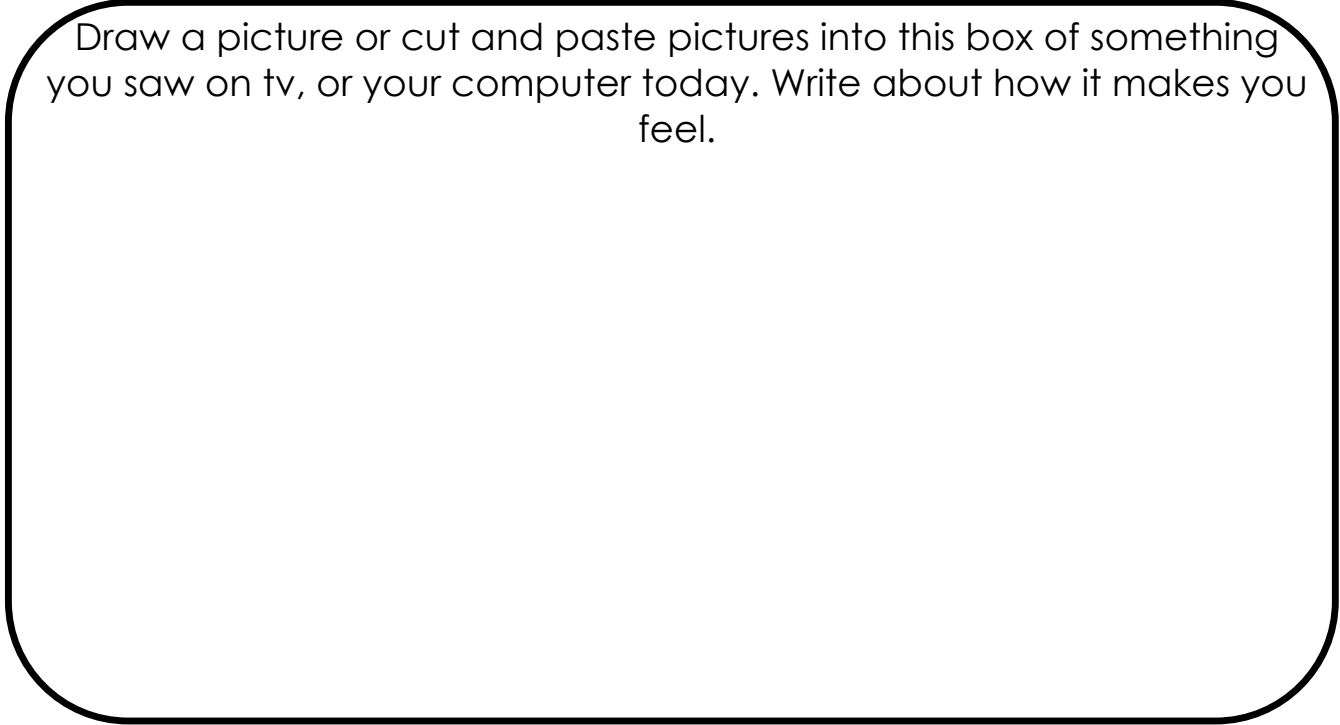
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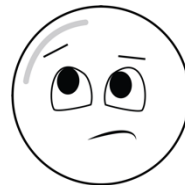
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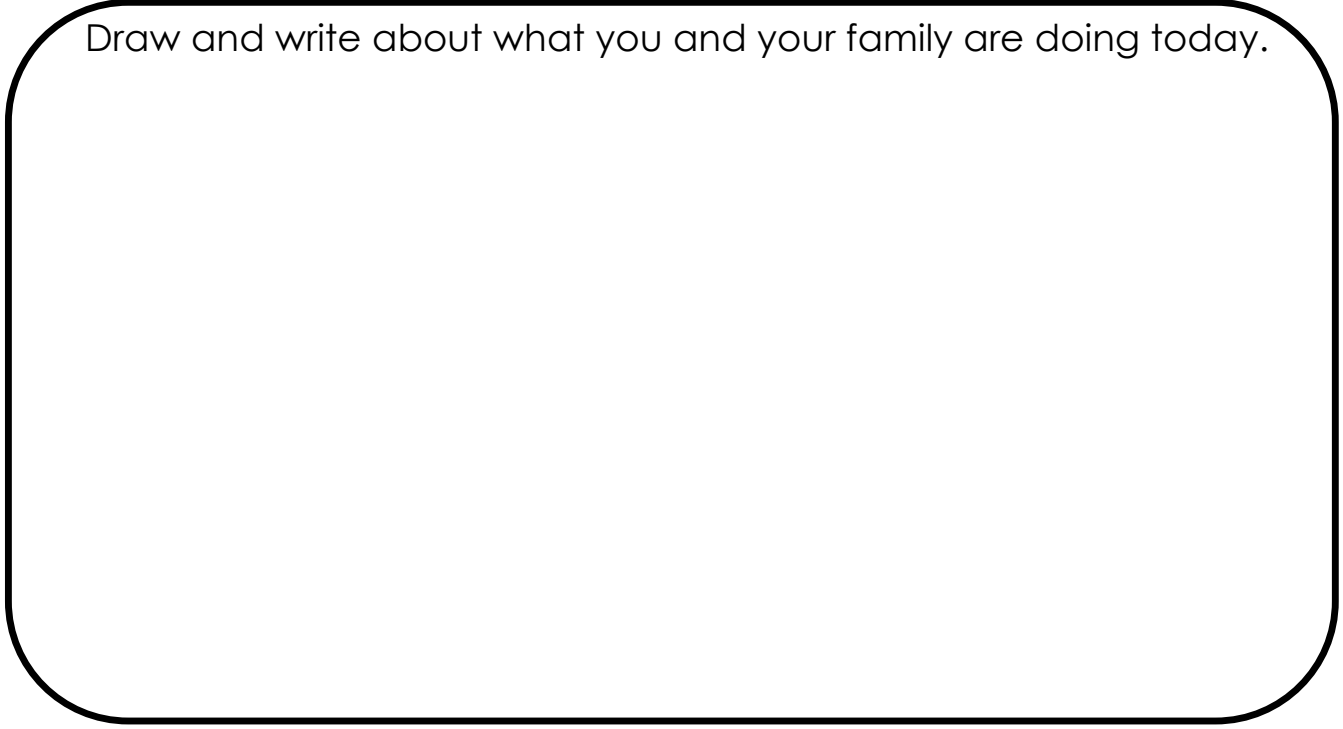
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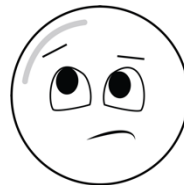
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